Health Resources – Working with Diverse/Minority populations

CONCEPTS & THEORIES

Health Literacy
--Quick Guide to Health Literacy (US Department of Health and Human Services HHS)
https://health.gov/communication/literacy/quickguide/Quickguide.pdf

- Who is at risk? Section (excerpt)
Populations most likely to experience low health literacy are older adults, racial and ethnic minorities, people with less than a high school degree or GED certificate, people with low-income levels, non-native speakers of English, and people with compromised health status. Education, language, culture, access to resources, and age are all factors that affect a person’s health literacy skills.” - (Citation 7 refers to: Kalichman SC, Ramachandran BB, Catz SP. 1999. Adherence to combination antiretroviral therapies in HIV patients of low health literacy. Journal of General Internal Medicine. 14(5): 267-273)

Cultural Competency and Cultural Humility – Videos and Trainings
- Georgetown University: National Center for Cultural Competence (link is external)
- Cultural Humility video 1 with Dr. Chavez: https://www.youtube.com/watch?v=SaSHLbS1V4w
- Cultural Humility video 2 Dr. Chavez (includes ppt) - Cultural Humility and Theater of the Oppressed: A Webinar with Vivian Chávez https://vimeo.com/219851133

CLAS module (1.5 hours on-line training) | Culturally and Linguistically Appropriate Services (CLAS)

CLAS online training was developed by the Center’s Office of Minority Health and Health Equity (OMHHE) and provides an understanding of the National Culturally and Linguistically Appropriate Standards (CLAS). The modules’ aim is to improve health care quality and health equity in communities. This online training is designed for health care providers, such as physicians, nurses, social workers, community health workers, Promotoras, and other professionals. The goal of this module is to improve cultural proficiency among physicians and other health-care professionals with practical guidance about how to advance health equity by adopting and implementing the National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care.

RESOURCES by TYPE

Books at UNT
Browse: Health Services Accessibility (28 items) Health Services Accessibility United States (244)- Please suggest!

Databases at UNT (For Articles) – examples only. Depends on topic.

- SocINDEX with full text (Sociology, from EBSCO)
- Academic Search Complete (interdisciplinary, including medical and social resources, from EBSCO)
- Sociology Database (Sociology, from Proquest)
- Education Source (Sociology, may include student centers and student affairs, from EBSCO)

-----Above just examples. We have many more. Database choice depends on topic.

- TIP: Search terms: You can pair a general concept with the social group you are studying to see if there is existing data to support your arguments, augment your training, etc. Examples (From EBSCO include) Subjects(general): SERVICES for college students | *HEALTH promotion | HEALTH services accessibility | HEALTH of college students Subject (specific groups) | PEOPLE with disabilities | MINORITIES | WOMEN ...
This article examines how the field of college health has evolved over time to address the needs of an increasingly diverse student population. The central argument is that college and university health programs developed in conjunction with shifting standards of medical care and public health practices in the United States. The author reviews the role of college health programs as public health agencies for campus communities, and describes contemporary public health challenges facing college campuses. She shows how the history of college health is intertwined with the history of diversity in higher education. In particular, the author outlines how the growth of health services made higher education accessible to women, racial minorities, veterans, and persons with disabilities. [ABSTRACT FROM AUTHOR]

Article Examples (ProQuest. Sociology Database)

Article Examples (EBSCO. Education Source)


E-Journals/Periodicals at UNT for articles (example):
Diversity in health and social care
Subject heading (to browse UNT collection): Medical care — Cross-cultural studies — Periodicals

Ethnicity & health
Subject heading (to browse UNT collection): Ethnic groups — Medical care — Periodicals

Encyclopedia entries (general/basic overview of concepts)

- Includes section on “everyday talk”, social norms, and students

- College Campuses and Transgender Inclusion (Paragraph on Health Care)

- College Students and some stats:


Government Resources*
--includes data information and reports about United States agencies and populations

- NATIONAL: Health and Human Services (United States)
  “These profiles provide detailed demographic, language fluency (where relevant), education, economic, insurance coverage and health status information, as well as full census reports.”
  Profile: Black/African Americans, American Indian/Alaska Native, Asian Americans, Hispanic/Latino Americans and Native Hawaiians/Pacific Islander
  YouTube VIDEO page includes “Why culturally and linguistically appropriate services (CLAS) matter” More here: https://www.youtube.com/user/OfficeMinorityHealth
HHS Action Plan to Reduce Racial and Ethnic Health Disparities (link is external)
HHS Center for Linguistic and Cultural Competence in Health Care (link is external)

• STATE: Health and Human Services (Texas)
  Texas Health and Human Services/Office of Minority Health Statistics and Engagement: subscribe to receive weekly emails from the Texas Office of Minority Health Statistics and engagement to share news, resources and progress in the field of health equity. OMHSE@hhsc.state.tx.us

  The Texas Health and Human Services (HHS) Office of Minority Health Statistics and Engagement can provide technical assistance in examining data by race/ethnicity and developing data-driven strategies using race equity principles and practices that result in improved outcomes for vulnerable populations. Available trainings link: https://hhs.texas.gov/about-hhs/process-improvement/office-minority-health-statistics-engagement/training-technical-assistance#life-course-workshop-a-path-toward-equity-4-hours-

• NLM - National Library of Medicine Specialized Information Services: Multi-Cultural Resources for Health Information (link is external)
• AHRQ - Agency for Healthcare Research and Quality: Health Literacy Universal Precautions Toolkit (link is external)
• HRSA - Health Resources and Services Administration: Culture, Language and Health Literacy (link is external)

• Healthy People 2020: https://www.healthypeople.gov/ -- Healthy People 2020 is a program intended to better the health of all Americans. The site offers information about health indicators as they pertain to a variety of factors, including race and ethnicity, age, sexual orientation, etc.
• Minority Health and Health Equity from the CDC: https://www.cdc.gov/minorityhealth/ -- Information about understanding diversity and equity as it relates to public health
• LGBT Health from the CDC: https://www.cdc.gov/lgbthealth/index.htm -- data and resources for the LGBT community
• CDC Vital Signs: https://www.cdc.gov/vitalsigns -- briefs, infographics and general information on health topics, including race and ethnicity
  o https://www.cdc.gov/vitalsigns/hispanic-health/index.html
  o https://www.cdc.gov/vitalsigns/aahealth/index.html
• CDC statistics by population: https://www.cdc.gov/nchs/fastats/life-stages-and-populations.htm
• Indian Health Services: https://www.ihs.gov/ -- resources for American Indian communities
• MedlinePlus by Population groups: https://medlineplus.gov/populationgroups.html -- consumer health information for specific population groups

*Government Documents List includes suggestions provided by Robbie Sittel, Eagle Commons Library (Head)*
Professional Guidelines/websites

COLLEGE/STUDENT AFFAIRS Guidelines

- NASPA Student Affairs Administrators in Higher Education:
  --Wellness and Health promotion RESOURCES page: https://www.naspa.org/constituent-groups/kcs/wellness-and-health-promotion/resources (It includes Recommended Readings and Standards
  Examples:
  Standards from ACHA (American College health Association https://www.acha.org/
  American College Health Association Standards of Practice for Health Promotion in Higher Education (standard)
  The Well-being and Flourishing of Students (resource)
  
  COLLEGE HEALTH ASSOCIATION GUIDELINES

  - American College Health Association (ACHA) https://www.acha.org/

PUBLIC HEALTH Professional Guidelines

- American Public Health Association https://www.apha.org/topics-and-issues/health-equity
  Example report: “Better Health through Equity” (March 2015) report:
  https://www.apha.org/~/media/files/pdf/topics/equity/equity_stories.ashx

MENTAL HEALTH Professional Guidelines

American Psychiatry Association (APA) | Mental Health
Culture and Competency page: https://www.psychiatry.org/psychiatrists/cultural-competency
includes the following and more.

FILMS (UNT Media Library):
Films on Health Care site from Media Library: http://www.library.unt.edu/media-library/films-health-care
Kanopy (database full of online films and video clips ready to stream and show, log in with EUID & Password): https://iii.library.unt.edu/record=e1000956~S12
Health and Wellness Subject Results: https://unt.kanopystreaming.com/catalog/documentaries/health-wellness
Online Media Subject Guide (UNT Media Library) http://guides.library.unt.edu/onlinemedia

Related UNT Libraries Subject Guides and help services:
Sociology | https://guides.library.unt.edu/sociology (Lilly Ramin, Subject Librarian)
Government Information (Health) http://guides.library.unt.edu/govhealth Email: govinfo@unt.edu
Ask Us (general): http://www.library.unt.edu/ask-us Subject Librarians: http://www.library.unt.edu/subject-librarians